



**JUSTICE CABINET
DEPARTMENT OF
JUVENILE JUSTICE
POLICY AND PROCEDURES**

REFERENCES:
505 KAR 1:120
3-JTS-4C-25, 26
3-JDF-4C-24, 25
3-JCRF-4C-11
1-JBC-4C-25, 26
NCCHC Y-E-05, Y-E-05, Y-E-06

CHAPTER: Health and Safety Services	AUTHORITY: KRS 15A.065
SUBJECT: Health Assessment & Physical Examination	
POLICY NUMBER: DJJ 404.3	
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APPROVAL: A. Hasan Davis	, COMMISSIONER

I. POLICY

A health assessment and physical examination shall be performed on each youth in accordance with a protocol approved by the Medical Director.

II. APPLICABILITY

This policy shall apply to group home and youth development centers and shall govern the actions of detention centers in complying with applicable sections of DJJPP Chapter 7 (Health Services).

LIMITED APPLICABILITY

In day treatment programs, the Superintendent or health-trained designee shall be responsible for obtaining medical information on youth to include immunization records and all other health and mental health records deemed necessary by the Medical Director.

III. DEFINITIONS

Refer to Chapter 400.

IV. PROCEDURES

A. In facilities with a full-time Registered Nurse, it shall be the Registered Nurse's responsibility to obtain immunization records and all other health and mental health records deemed necessary by the primary health care provider or Qualified Mental Health Professional, including records of previous medical treatment, previous screening forms, psychological or psychiatric evaluations, and discharge summaries on in-patient hospitalizations. In a program without

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- a full-time Registered Nurse, it shall be the responsibility of the Superintendent or health-trained designee to obtain this information.
- B. The health assessment and physical examination shall be completed within the first seven days after admission.
1. Youth entering a DJJ facility directly from the community shall receive a complete health assessment and physical examination.
 2. Youth entering a DJJ facility from a residential program or detention facility outside the DJJ system for whom documentation of a physical examination completed within the previous ninety (90) days is presented shall not be required to repeat the physical examination. The prior results shall be reviewed by the Registered Nurse and the primary care provider and examinations updated as needed. The physical examination shall be required to be repeated if the previous physical examination is over ninety (90) days old or if written documentation of the previous examination is not provided.
 3. Youth entering a DJJ youth development center or group home as an intra-system transfer or “step-down” from another DJJ residential program or detention center within one year of the last health assessment and physical examination shall not be required to repeat the process. The prior assessment shall be reviewed by the facility Registered Nurse and the primary care provider and the protocol for annual health assessment shall be followed.
- C. The Health Assessment shall include:
1. A review of the initial health screening completed upon admission;
 2. Collection of additional data to complete the medical, dental, psychiatric, and immunization histories;
 3. Necessary laboratory or diagnostic tests to detect communicable diseases including sexually transmitted diseases and tuberculosis. (Minimum testing shall include urinalysis, gonorrhea culture, chlamydia, RPR, and TB skin tests. Additional tests shall be determined by the primary care provider or the Medical Director);
 4. Recording of weight, height, pulse, blood pressure, respiration, and temperature;
 5. Medical examination (including gynecological assessment when needed) with comments about mental and dental status. A nutritional and developmental assessment shall be completed with any restrictions discussed at this time;
 6. The initiation of therapy, when required; and,

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7. The development and implementation of a treatment plan, including recommendations concerning housing and program participation.
- D. Results of the examination and tests shall be discussed by the facility qualified health professional with the Registered Nurse (RN) facility charge nurse and documented on the History and Physical Examination Form in the youth's Medical Record.
- E. The youth shall be afforded the opportunity to discuss privately with the primary care provider any health concerns he may have. This shall be communicated to the youth by the facility Registered Nurse.
- F. Appropriate security measures shall be taken during this process by facility staff.
- G. A protocol defining the extent of the periodic health assessment shall be developed by the primary health care provider with consideration given to age, sex and health needs of youth.
- H. If the health assessment is completed by a RN, a primary health care provider's co-signature is required.
- I. Additional investigation shall be carried out regarding:
 1. The use of alcohol/drugs, including the type(s) of substance used, mode(s) of use, amounts used, frequency of use and date or time of last use;
 2. Current or previous treatment for alcohol or drug use, including, when and where treatment was provided;
 3. Whether the youth is taking any medication for an alcohol or drug use problem;
 4. Any history of violence, including child and domestic abuse, sexual abuse, and any personal victimization;
 5. Current or past illnesses and health problems related to substance abuse; and
 6. Whether the youth is taking medication for a psychiatric disorder and indications for use.

V. MONITORING MECHANISM

Monitoring shall be accomplished by the facility primary health care provider, Registered Nurse, Quality Assurance Branch, and the Medical Director or designee.