JUSTICE AND PUBLIC SAFETY CABINET DEPARTMENT OF JUVENILE JUSTICE POLICY AND PROCEDURES	REFERENCES: 1-JDTP-3D-01
CHAPTER: Day Treatment Services	AUTHORITY: KRS 15A.0652
SUBJECT: Recreation	
POLICY NUMBER: DJJ 1028	
TOTAL PAGES: 3	
EFFECTIVE DATE: 4/05/2019	
APPROVAL: Carey D. Cockerell	, COMMISSIONER

#### I. POLICY

Organized recreation and structured leisure activities shall be incorporated into the program for all students in the Department of Juvenile Justice (DJJ) day treatment programs. Each recreation program shall be conducted with consideration for security, education, social services, religious services, and medical services

### II. APPLICABILITY

This policy shall apply to DJJ operated day treatment programs.

#### III. **DEFINITIONS**

Refer to Chapter 1000.

#### IV. PROCEDURES

- A. A movie with a rating of restricted ("R") or higher shall be prohibited. A movie with a rating of parental guidance ("PG-13") shall require approval from the Superintendent or designee before being viewed by students.
- B. A video game with a rating of "Mature" or higher shall be prohibited. A video game with a rating of "Teen" shall require approval from the Superintendent or designee before being viewed by students.
- C. Music with lyrics that are profane, violent, sexually explicit, or gang-related shall be prohibited.
- D. DJJ staff shall not bring music, movies, or video games that do not meet the rating for use by student, into a DJJ facility or vehicle, regardless of whether the intent is to allow use by student.
- E. Any movie, video game, or music brought into a DJJ facility by staff shall not be pirated or obtained by illegal means and shall be approved by the Superintendent or designee.

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- F. Students shall not participate in water sports unless a lifeguard is present. An approved life jacket shall be worn for activities occurring on natural waters.
- G. Safety of students shall be the primary concern during recreational activities.
  - 1. Staff supervising recreational activities shall monitor and eliminate safety hazards.
  - 2. Proper dress and behavior shall be maintained during recreational activities.
  - 3. Staff shall not participate in any sport in which physical contact between players is an accepted part of play.
  - 4. Staff shall demonstrate high levels of guidance, coaching, and sportsmanship when participating in recreational activities.
- H. Each day treatment Superintendent shall provide or arrange for the provision of appropriate indoor and outdoor recreation and leisure activities integrated within the program schedule.
- I. Each program may plan for off-campus activities or field trips. When coordinating off-campus activities, items needed shall include:
  - 1. Emergency communication equipment (cell phone), procedures for medical emergencies, and staff identification;
  - 2. A signed parent or caregiver permission slip;
  - 3. A first aid kit for injuries;
  - 4. Consent for treatment forms for emergency care; and
  - 5. If a student requires medication, a staff member shall supervise the student to ensure the student takes the medication on time as ordered.
- J. Physical exercise shall not be used as punishment or discipline.
- K. A recreation schedule and plan shall be established for constructive leisure time activities involving all students.
  - 1. An alteration to the schedule may occur with respect to safety and treatment concerns with the approval of a supervisor.
  - 2. The schedule shall be submitted monthly to the Superintendent for approval. The Superintendent shall give final approval for field trips, social events, and other recreational activities.
  - 3. The occurrence of recreation and leisure activities shall be documented in individual student progress notes.
- L. A variety of fixed and movable equipment for indoor and outdoor recreation shall be provided, and may include: bats, balls, pool sticks, and horseshoes. The equipment shall be inventoried and secured after each use for safety concerns.
- M. Students who are restricted from activity by medical personnel shall not participate until a medical release is written. If a student is unable to participate in the planned recreational activity due to a medical limitation

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another recreational activity shall be arranged for that student in consultation with parent or caregiver.

N. Program staff may plan and promote activities for student participation in community service and volunteer programs. Each activity and individual student participation shall be documented in the hard case file.

## V. MONITORING MECHANISM

- A. Internal monitoring shall be conducted by the Superintendent or designee, and the Facilities Regional Administrator (FRA).
- B. The Division of Program Services shall monitor the procedures related to recreation during the annual Quality Assurance (QA) monitoring.
- C. The Division of Professional Development shall monitor the training requirements of this policy annually.