

	<p align="center">JUSTICE AND PUBLIC SAFETY CABINET DEPARTMENT OF JUVENILE JUSTICE POLICY AND PROCEDURES</p>	<p>REFERENCES: 1-JDTP-3E-02</p>
<p>CHAPTER: Day Treatment Services</p>		<p>AUTHORITY: KRS 15A.0652</p>
<p>SUBJECT: Restraints</p>		
<p>POLICY NUMBER: DJJ 1016</p>		
<p>TOTAL PAGES: 3</p>		
<p>EFFECTIVE DATE: 4/05/2019</p>		
<p>APPROVAL: Carey D. Cockerell</p>		<p>, COMMISSIONER</p>

I. POLICY

Staff shall utilize appropriate behavior management methods and techniques to promote a safe and secure program culture. Staff shall be permitted to use approved methods of restraint for students for self-protection, protection of others, or prevention of property damage. Reference 704 KAR 7:160 and KRS Chapter 503.

II. APPLICABILITY

This policy shall apply to Department of Juvenile Justice (DJJ) operated day treatment programs.

III. DEFINITIONS

Refer to Chapter 1000.

IV. PROCEDURES

- A. DJJ staff shall not use mechanical restraints in day treatment programs.
- B. Physical restraints shall be used only as a control measure to protect the student, staff, and other students and only when all other actions appropriate to the situation have been ruled out.
- C. Students shall not be permitted, expected, or directed to physically manage other students.
- D. Staff shall utilize only agency approved and trained skills in the physical management of aggressive students.
 - 1. Staff shall not use physical restraint as punishment.
 - 2. Staff shall use only the level of physical restraint necessary to control aggressive behavior, until the student is able to demonstrate self-control. The use of physical restraint shall end if:

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- (a) The student's behavior no longer poses an imminent danger of serious physical harm to self or others; or
- (b) A medical condition occurs putting the student at risk of harm.
- 3. DJJ staff, who have the responsibility or potential responsibility, for the direct care, supervision, and treatment of students, shall be required to hold certification from the Division of Professional Development in approved methods of restraint.
- 4. Staff shall complete an incident report documenting the use of physical restraint in compliance with DJJPP Chapter 10 (Incident Reporting). Each specific physical restraint technique used shall be noted in the incident report.
- E. Post-restraint protocol shall include:
 - 1. Once the student regains control of his behavior, it shall be the responsibility of the staff to determine appropriateness of reintegration into the program;
 - 2. Prompt medical attention shall be required if injuries occur;
 - 3. The Superintendent shall conduct a thorough review of incidents involving injury during restraint to determine if such incidents may be avoided in the future; and
 - 4. The student's counselor, Administrative Duty Officer (ADO), or designee shall notify the juvenile service worker (JSW), if applicable, and the student's parents or caregiver of the use of physical restraint immediately following or at a minimum by the end of the school day.
- F. Documentation shall include:
 - 1. Post-restraint body identification (ID), including injuries and other medical documentation, if applicable; and
 - 2. Incident reporting including photographs and any other relevant information.
- G. A youth who is known to be pregnant shall be restrained solely with handcuffs in front of her body unless further restraint is required to protect herself or others. Staff shall not utilize a prone restraint on pregnant youth. Except in an extraordinary circumstance, no youth who is known to be pregnant shall be restrained during labor, during transport to a medical facility or birthing center for delivery, or during postpartum recovery. The Director of Medical Services shall provide guidance on the use of restraints on pregnant youth prior to active labor and delivery.

V. MONITORING MECHANISM

- A. The Superintendent or designee shall ensure that staff attend monthly restraint technique reviews and quarterly basic restraint technique reviews.
- B. The facility based trainers shall review for competency in skills in compliance with review periods.

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- C. The Division of Professional Development shall conduct recertification of skills and yearly training schedules.
- D. The Facilities Regional Administrator (FRA) or Regional Division Director shall review incident reports for compliance with this policy.
- E. The Quality Assurance (QA) Branch shall monitor annually for compliance.